Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Thursday 25 May 2023 until 23:59 on Friday 26 May 2023

Forecast Issued on Wednesday 24 May 2023 at 16:59 by Met Office Aberdeen

Confidence: High for mostly dry and settled weather into the weekend. Low for extent and clearance of low cloud on Friday.

Headline for Thursday 25 May 2023: Dry and sunny

Mountain weather hazards on Thursday 25 May 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Clear night	Sunny	Sunny	Sunny	Sunny	Sunny	Sunny	Clear night
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Thursday 25 May 2023

Weather: A cold start to the day. Then dry with some good spells of strong sunshine, a little cloud bubbling up.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Excellent visibility with cloud largely above the tops, some thin and patchy cloud around 900 metres at first.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 25 May 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	12/15 N	9/11 W	9/11 W	11/15 W	12/18 W	12/19 W	11/17 W	7/10 W	9/12 NW
900	7/9 NW	6/8 W	5/8 W	7/11 W	11/17 W	12/19 W	10/16 NW	6/10 W	6/9 NW
600	6/9 S	5/7 SW	6/8 SW	7/11 W	11/17 W	11/18 W	9/14 W	6/10 SW	5/7 SW
300	4/6 SW	3/5 W	2/4 E	4/7 NW	7/13 W	9/15 NW	8/15 NW	4/9 NW	4/7 N
Glen	3/7 W	3/6 NW	2/5 NW	6/11 W	9/16 W	10/18 W	9/16 NW	7/13 W	4/8 NW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	0/-4	0/-4	0/-4	1/-3	3/-1	4/0	4/-0	1/-2	1/-3
900	3/-0	3/0	4/1	5/3	8/5	8/6	7/4	4/2	3/1
600	5/2	4/2	5/3	7/4	9/7	10/8	10/7	6/4	5/3
300	7/6	6/6	7/6	9/9	12/10	12/10	11/10	8/8	8/6
Glen	8/7	7/6	9/9	12/11	14/12	15/13	14/12	10/9	8/8
Freezing Level*	1100m	1000m	1100m	1200m	1400m	1400m	1400m	1800m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be prepared for strong sunshine and a risk of sunburn on prolonged hikes.

Forecast for Friday 26 May 2023
Weather: Widespread low cloud will extend eastwards through the morning. This will lift and break during the afternoon from the south in the afternoon but may linger across southern Lochaber and Mull until early afternoon. Many ranges will be dry but a little drizzle possible across coastal ranges in the northwest.

Maximum wind: Westerly 15 mph

Chance of cloud-free hill tops above 800m: 40%

Low Cloud and visibility: A clear start in the south and east of the area. Low cloud down to 500 to 800 metres will extend east in the morning shrouding many of the summits with poor visibility. An improvement as cloud lifts and thins in the afternoon.

Temperature: **Glens:** Plus 5 rising to 16 Celsius
At 800m: Plus 3 rising to 9 Celsius
Freezing level: Above summits

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